

Academic Self-Assessment

- What courses do you enjoy the most and what skills are necessary to succeed in those courses?
- How can you apply those skills for success in your more challenging classes?
- How much study time did you allow for your coursework last semester? Did you study alone or in groups? Were there distractions in your study environment?
- Were there other activities that took away from your study time (e.g. work, family, social activities)?
- How far in advance did you prepare for your assignments/ tests?
- Did you meet with your professors regarding questions or course concerns as soon as they occurred? If not, why?
- What do you need to change to be more successful academically?
- What specific steps will you take to achieve academic success?